Academic Plan

Advanced CHEK Academy - Years 4 & 5



| MONTH | ONLINE MATERIALS | LIVE COURSES | MENTORSHIP CALLS | SOCIAL EVENTS | MONTH EXPECTATIONS |
|----------|--|--|----------------------------------|------------------------------|---|
| Month 49 | The CHEK Totem Pole online workshop - Part 1 | | | | |
| Month 50 | Integrated Movement Science Level 4 Review live workshop | | | | Integrated Movement Science Level 4 - end of Month 50 |
| Month 51 | The CHEK Totem Pole online workshop - Part 2 | | | | |
| Month 52 | Integrated Movement Science Level 5 Case Study Preparation live workshop | | | | |
| Month 53 | Integrated Movement Science Level 5 Case Study Preparation | | | | |
| Month 54 | Integrated Movement Science Level 5 Case Study Preparation | | IMS5 Case Study preparation call | | |
| Month 55 | Integrated Movement Science Level 5 Case Study Preparation | | | | IMS5 - First Case Study Submission |
| Month 56 | Working with Medical Professionals online workshop | | | | |
| Month 57 | Business Mentoring with Gavin Jennings | | | | IMS5 - Second Case Study Submission (if necessary) |
| Month 58 | PPS Lesson 10: The Great Polarities | | | | |
| Month 59 | Business Mentoring with Gavin Jennings | | | | |
| Month 60 | | Integrated Movement Science Level 5 | | IMS5 Academy Social Event | |